



{ TRAVEL }

City Run

Sure, you could hop on a double-decker bus or strap on a helmet and tool around on a Segway to check out an unfamiliar city. But a new trend is afoot, offering a unique blend of sightseeing and jogging. Known as **SIGHT JOGGING**, it's giving new meaning to the term *globe-trotting*, and tours are popping up as far as Bangkok and Buenos Aires, Argentina.

Armed with only your running shoes, a camera and a local tour guide who keeps you on pace while showing you all there is to see, sight jogging is a great way to make a first pass at a city and to get a feel for what's worth revisiting, sans sneakers. Here are a few of our favorite sight-jogging locations:

1 FRANKFURT, GERMANY

Take a three- to six-mile jog past the Old Opera House or follow in the footsteps of one of Germany's most famous writers at the Goethe-Haus. www.sightjogging-ffm.de or www.stadtfuehrung-frankfurt.de

2 BUENOS AIRES

A 90-minute tour will take you on a six-mile jog through any one of the city's vibrant districts. Start at the Buenos Aires Grand Hotel and tour the historic Recoleta neighborhood. www.urbanrunningtours.com.ar

3 PARIS

Discover the most beautiful palaces of Paris or retrace the steps of the French Revolution with a one- to two-hour tour. Try starting at Hôtel Costes off Rue Saint-Honoré for the full Parisian experience. www.parisrunningtour.com

—KRISTY ALPERT



Created by a former Hollywood makeup artist, **Bath Bar** — an environmentally friendly and cruelty-free line of bath and body-care products — has unveiled its latest signature scent: Bon Bini.

The tropical fragrance calls on coconut and island flowers, spurring thoughts of a Caribbean getaway. Try it in moisture-retaining body mist or rehydrating hair butter. Even Kyra Sedgwick, Felicity Huffman and *Mistresses'* Rochelle Aytes are fans. \$22 to \$24, www.bathbar.com

—LAURA KINIRY



{ BEAUTY }

Glam on Demand

Why go to the salon when the salon can come to you? With **HAIR ROOM SERVICE**, a mobile beauty and styling company in New York and Los Angeles, your very own glam squad will meet you at your house, office or hotel room. Whether you're looking for a permanent new look or you just need help for a special event, Hair Room Service's roster of celebrity hairdressers, makeup artists, manicurists and wardrobe stylists will pluck, plump and polish you till you're paparazzi-ready. But don't take our word for it — ask Lady Gaga, a client of company founder and hair guru Michael Dueñas, or Jessica Simpson, who has been styled by wardrobe consultant Andre Austin. For more service, artist and client info, visit www.hairroomservice.com —JESSICA JONES